

Andrea Grace Rates (from April 2007)

Please be assured that we operate a fair and reasonable policy. We keep things as transparent and simple as possible, so there are no hidden extras.

Type of Consultation	What it involves	Cost
Home visit Package (North & Central London)	<ul style="list-style-type: none"> • A face to face consultation of up to 1 ½ hours • The design of your individual sleep plan. • Twice weekly telephone sessions as needed for up to four weeks afterwards. 	£250
Telephone Package	<ul style="list-style-type: none"> • A telephone consultation of up to 1 ½ hours. • The design of your individual sleep plan. • Twice weekly telephone sessions as needed for up to four weeks afterwards 	£200
Clinic Package	<ul style="list-style-type: none"> • A one hour face to face consultation in my clinic at 10 Harley Street, London. • The design of your individual sleep plan. • Twice weekly telephone sessions as needed for up to four weeks afterwards 	£180

In normal circumstances the above packages are more than sufficient, however if significantly more support is required it is charged out at the following rates:

Telephone calls: 1 hour at £120 per hour (£20 for 10 minutes)

Additional home visit: 1 hour follow up support visit at £125

There is a discount of 20% for families who have been previous clients